

Master of Psychomotor Therapy

Zwolle 2020 – 2021



TWO YEAR
PART-TIME
MASTER

www.windesheim.com/masterpmt

Master of Psychomotor Therapy (Psychomotricity)

Do you want to improve your occupational and therapeutic skills as a PMT professional at a Master's degree level? You will be the professional who uses the body and movement in therapy and convincingly demonstrates to his environment how important this is. You will acquire a professional attitude at a Master's level and learn about the broader contexts of psychosocial and psychiatric issues. The programme broadens your professional knowledge and teaches you how to implement research results into your daily practice. This is a Windesheim University of Applied Science master program in the Netherlands.

WHO IS THIS FOR?

The English Master's programme of Psychomotor Therapy (PMT) is intended for all European psychomotor therapists with a Bachelor PMT or equivalent PMT degree. If you want to follow the full Master's programme, you have to meet an employment requirement. You can also opt to follow separate courses of the Master's programme.

MODULAR OPTIONS

The modular and flexible structure enables you to combine your work, study and private life. You can follow separate courses so that you are in charge of your own study programme planning.

Programme content

The programme content is based on a model of competence-based learning leading to learning outcomes at a Master's degree level which focuses on the following three pillars:

1. Psychomotor Therapeutic skills;
2. Professional leadership;
3. Practice based research.

At the start of your Master's programme, you will formulate a number of personal learning questions from your daily practice as learning goals. You will link these

goals to the professional competences of the Master's programme, thereby creating direct interaction between your work situation and the Master's programme. In this way, you effortlessly integrate your acquired knowledge and skills into your own practice. Our Master's degree programme helps you develop into a professional therapist at a higher level. After graduation you have improved your skills to substantiate your psychomotor interventions theoretically, show professional leadership in example by developing PMT products, and set-up and conduct practice based research.

COURSES

As a regular student doing the full degree programme, you can complete this Master's programme in two years. Alternatively, you can choose to attend individual Master's degree courses, paying for each one separately. This enables you to spread your full study load and the costs involved, or to do only certain 1st-year courses as a retraining or refresher training programme. Admission requirements are set for each course separately.

Pillar 1: Psychomotor Therapeutic skills

Module: knowledge, therapeutic and methodological skills

This course raises your professional skills in practice. It consists of three parts: knowledge & theory, your therapeutic skills and your methodical skills. Key objectives are: the ability to take adequate therapeutic action when dealing with clients with complex problems and reflection on your own role in the therapy process; high degree of independence in your own practice and in clinical or in-patient care institutions, working on prevention, diagnosis and treatment of disorders in a methodical manner and with an appropriate attitude.

Module: master-classes

For your Psychomotor Therapy Master's program you will choose two separate master-classes from a larger offering of current master-classes. This enables you to intensify your knowledge of a specific theme or, for example, a specific client group of Psychomotor Therapy. The master-classes will teach you more about the practical approach, methodical structure as well as the theoretical and scientific accountability of such a specific PMT treatment.

Modules: coaching & supervision

You will receive coaching during the entire learning process of your Master's programme. Your coach will help you keep your studies on track, concretize your learning goals and prepare all your assessments. During supervision sessions you reflect on your own attitude and your specific therapy interventions with the aim of professionalizing your skills at the Master's degree level.

Assessment and Graduation

The Master's programme has a variety of assessment types, depending on the course. In the final phase, the final qualifications for the three pillars will be assessed in four assessments. I.e. professional leadership is assessed by an oral presentation and practice based research is assessed by the master thesis.

Pillar 2: Professional leadership

Modules: profiling

In health care, psychomotor therapy is still not always a self-evident option, which means that as a PMT professional, you need to raise your profile. This requires theoretical knowledge of therapeutic, methodical practices and proven effectiveness of interventions, therapies and methods. In the first course you work on a product in which you substantiate methodical and therapeutic choices based on theoretical professional and scientific literature. Finally, in the second course you will learn how to position yourself as a psychomotor therapist in different contexts.

Pillar 3: Practice based research

Modules: research methodology & master thesis

You will learn how to set up and conduct practice based research at the Master's degree level. In the first year you will follow the research skills course and write your research proposal. In the second year you do the actual research and write your Master's thesis in a collaboration between researchers, which completes your Master's degree programme.

Lectorate of Movement, Health and Well-being

As a student you will have the opportunity to bring your Master's thesis in line with one of the research lines of the lectorate of Movement, Health and Well-being: improving body experience, regulation of emotion and behaviour, expression and relaxation. This will give additional depth to your research. Given the importance of increasing the level of evidence for Psychomotor Therapy, the focus lies on practice based quantitative studies and systematic reviews.

Certification

Upon completion you will receive the certificate: Master of Psychomotricity. This is a Dutch diploma equivalent to a Master in any European country. In addition, you will receive a Europass Diploma Supplement to clarify the nature and level of the diploma. The supplement provides insight into the nature, level and content of the PMT master's programme. It contains a description of the programme completed and the results obtained.

Practical Information

Programme duration

2 years (regular 2-year Master's Programme), Modular Curriculum (separate courses)

Class times

The Class times in The Netherlands (and subjects) in 2020 will be 4-6 days in week 4 (introduction: history, psychopathology, diagnostics) week 14 (behavioral problems) week 24 (anxiety, mood disorders and psychosis) and week 44 (somatoform disorders, rehabilitation.) In the second year there are 3 courses in the Netherlands (4-5 days):

1. stress and trauma
2. disordered body-experience and
3. personality disorders.

Start

This master will start in januari 2020.

It will only start if the number of applications is sufficient.

How to apply

More information on how to apply for the Master's degree programme of Psychomotor Therapy can be found on www.windesheim.com/masterpmt.

Please apply before October 31st. 2019.

Location

University of Applied Sciences Windesheim, Zwolle, The Netherlands.

Admission

A (HBO Bachelor's) degree programme of psychomotor therapy in a European Forum of = Psychomotricity (EFP)-member country will give you immediate access to this Master's programme. For admittance, criteria as formulated in the 'Education in Psychomotricity Proposal for a Minimum Curriculum' (EFP) must be met. For several learning outcomes you will need to be working as a PMT professional at least 16 hours a week. This programme also requires a Cambridge English degree at B2 level.

Please contact us if you have questions about suitability of your work.

Studyload

The master has a total study load of 60 ECTS credits. This

Want to know more?

If you'd like to know more about our Master's programme, just get in touch with:

Mr. Ad van de Ven | Coordinator English Master
e-mail: internationalmasterpmt@windesheim.nl
tel: 0031 - 614893914.

amounts to an average of 20 hours a week during a 2-year study track, including classes. The programme is taught in the Netherlands, and a part is offered through distance learning.

Cost

The Tuition fees for 2019-2020 is €2083,-. To be eligible for this fee, you must meet certain criteria.

Additional costs for books, travelling and housing are not included in the tuition fee.

Costs for housing for the total programme are estimated around: € 600-900.

For separate courses, see:

www.windesheim.com.

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